

Our Lady of La Vang School

Many of our senior students have had a great interest in growing plants, fruit and vegetables. Initially, students and staff worked very hard together to create several garden beds. However, over the time we needed to create a more established school garden. With funding from Catholic Charities and the City of Charles Sturt's Beverley Discretionary Ward Allowance, our students dream has become a reality. At the beginning of 2022, SA Landscaping and Irrigation created our student's vision and the 'La Vang Patch' was developed. The area includes the installation of raised garden beds, a vertical garden wall, paving and irrigation. Students have begun recycling and planting. Establishing the La Vang Patch is a direct response from our school to the Bishops Social Justice Statement 2021, 'Cry of the Earth, Cry of the Poor' that focuses on caring for the earth and sustainability. In Term 1 our students worked together to plan the garden. In their classes, they made a map of the area and discussed what they would grow. Some of our students like flowers and chose plants that flower, including sunflowers. Due to the COVID restrictions, the students were unable to personally shop for their plants, so these were ordered at Bunnings. They held a planting day and now in Term 2 are enjoying cooking and eating some of the vegetables, they have grown.

Hutt St Centre

Every day, Hutt St Centre opens its doors to people who have fallen on hard times. But your support ensures we are here for people when they need us most. Neil (not real name) was married for 28 years, with three children, a good home and a job he loved – until last year, when his marriage broke down and he lost his long time job. Not wanting to uproot his family, Neil moved into temporary accommodation. Then, tragically, he was diagnosed with cancer. When he came to us for help, Neil was living in an unsafe boarding house while undergoing cancer treatment and trying to heal from surgery. He was struggling with severe anxiety because of all he had been through. But through the generosity of people like you, Neil was able to connect with one of our case managers who supported him to access vital medical treatment, rebuild his confidence, and find a permanent home of his own. Neil says, "Without Hutt St, I honestly wouldn't be alive... I would have given up. I really can't express the gratitude I feel for the difference you've made in my life."

Centacare Catholic Family Services

This year, Centacare celebrates 80 years of service to those in need in the Archdiocese of Adelaide.

Our sole mission, based on Catholic Social Teaching, is to provide relevant, authentic, and effective services that enhance the quality of life of individuals and families.

In 2021, we supported 28,718 clients from 35 locations through 76 services in the areas of Domestic Violence, Homelessness, Counselling, Mediation and Parenting, Disability, Drug and Alcohol, Suicide Prevention and Mental Health, Training and Wellbeing, Children Services, NDIS Supports, Carer and Community Supports.

The generous support from Catholic Charities was allocated this year to six projects that were identified as priorities to improve our services and cover gaps in the system for the benefit of our clients.

In our Disability Services, we are purchasing and fitting a van to be able to transport NDIS participants to their Day Options services and to their appointments. We are also conducting bathroom renovations to our Elizabeth North location with the purpose of providing Supported Independent Living Services.

In our Domestic Violence and Homelessness Services, we are supporting women and children fleeing Domestic Violence by providing them with baskets with essential items to help them restart their journeys. Additionally, we are improving the landscaping in our emergency accommodation site in the northern suburbs to create a welcoming environment for the young clients that temporarily reside at this location as a first step out of homelessness.

In our Children Services Unit, we are preparing packs with essential items for families that start their Foster Care paths and we are building a fence, deck, pergola and playground at our Salisbury location, which will be used by all programs and people in the community.



Megan Jones (pictured), manager of RESTORE Intensive Family Services in the North, said, "The funds have provided us with the opportunity to extend the services and support we can offer to families".

A colorful mural of a woman with pink hair, wearing a pink patterned top, holding a blue and green globe of the Earth. The background features a rainbow and stylized trees. The text '2022 Appeal' is written in red. Below the mural is the Catholic Charities logo, the 'Living Catholic' banner, and the me4u logo.

Mural at Centacare's Hannah Place created by Donna Chaplin

2022 Appeal

Catholic Charities
Living Catholic

me4u
Help each other through

Message from the Archbishop



Dear Sisters and Brothers in Christ,

I would like to thank you for your continued support of Catholic Charities.

This leaflet carries stories from the agencies we fund, outlining their work in the community supporting the vulnerable and disadvantaged.

The continued growth of our me4u schools campaign

also highlights the crucial role our schools play in fundraising for Catholic Charities.

It is because of you that Catholic Charities can support the agencies which:

- provide respite care for adults and young people living with intellectual disabilities
- empower men and women confronting homelessness, domestic violence and mental illness
- provide dedicated teachers at our two special schools, Our Lady of La Vang and St Patrick's
- reach out to members of our community who may be lonely and welcome them as part of the vibrant Aboriginal Catholic community at the Otherway Centre.

Thank you for your generosity. By supporting Catholic Charities, we can ensure that these important works continue to flourish and grow.



In Domino,

+ *Pat O'Regan*

+ Patrick O'Regan
Archbishop of Adelaide

Aboriginal Catholic Ministry

Home of Aboriginal Catholic Ministry in South Australia, the Otherway Centre at Stepney has become a cultural hub for Centacare, connecting people to Aboriginal and Torres Strait Islander histories,

culture and spirituality – building all-important awareness in the process.

Aboriginal people join the wider community every week to laugh, lunch, dance, craft and share stories. John Lochowiak, Centacare's Manager of Aboriginal Services, also manages the centre and explains that it is a place that opens up communication for all. Food parcels for those in need and toiletry bags for Aboriginal and Torres Strait Islander hospital patients are packed at the centre. Cultural Awareness training and other events are also held at the centre throughout the year. In the St Martin de Porres Chapel Mass is celebrated every Sunday by Fr James McEvoy.



St Patrick's Special School

With the support of Catholic Charities St Patrick's Special School was able to introduce a Zones of Regulation check in. This is a common language used at the school to support student's emotional regulation. In classrooms, students are encouraged to name how they are feeling and what zone they are in. Staff also support students to consider the size of their emotion and if they are able to manage this feeling independently. Allied Health have been working with staff to continue this learning and transfer these concepts to all environments in the school. This gift from Catholic Charities has enabled staff and students to continue to build on their understanding and use of the Zones of Regulation in the outdoor environment. They can be enjoyed at recess and lunch play times along with other learning opportunities during the school day. Staff have enjoyed observing students exploring this new check in.



I would like to support the Catholic Charities Appeal and its agencies in their work.

Here is my gift of

\$45 \$50 \$80 \$100
 \$150 \$300 \$500 Other \$ _____

Gift enclosed or charge my Visa
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Expiry date: ____ | ____

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Signature: _____

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Address: _____

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Yes, I am interested in making a regular direct debit donation.

Yes, I would like information on how to help through a legacy or bequest.

Donations can be made online at
www.adelaide.catholic.org.au
www.me4u.org.au

Donations more than \$2 are tax deductible.

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